

Memoreal Anteonis 26: Session: 3: COACH evaluation sheet for TEAM: AZL

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ 08:45 The listed starttimes are indicative!

Coaches: Bijloos Annie

Coaches: Heirwegh Tina HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 200M BREASTSTROKE WOMEN 11-17 Heat:5, starttime: 09:17

Heat: 5/9 Lane : 1 Athlete: BELMANS MARGAUX							Q-time: 03:19:69	
PB (25m pool): 03:19.69 BEERNEM 19/09/2026				PB (50m pool): no time SB: 03:19.69 BEERNEM 19/09/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.82		01:38.57		no time		03:19.69
	00:46.82		00:51.75					
								

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN 11-17 Heat:2, starttime: 10:15

Heat: 2/11 Lane : 6 Athlete: VANDERSTRAETEN HELENA							Q-time: 03:59:51	
PB (25m pool): no time				PB (50m pool): 03:59.51 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN 11-17 Heat:2, starttime: 10:15

Heat: 2/11 Lane : 7 Athlete: HUYLEBROECK JANNE							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 21: 200M BACKSTROKE WOMEN 11-17							Heat:3, starttime: 10:19	
Heat: 3/11 Lane : 6 Athlete: DEBAETS ELIEN							Q-time: 03:16:96	
PB (25m pool): 03:26.73 Ronse 17/03/2024				PB (50m pool): 03:16.96SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:26.73
	no time							
								

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN 11-17							Heat:8, starttime: 10:39	
Heat: 8/11 Lane : 7 Athlete: VANDER MIJNSBRUGGE LORE							Q-time: 02:43:90	
PB (25m pool): 02:43.90 TEMSE 23/11/2025				PB (50m pool): 02:45.91SB: 02:48.59 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.67		01:21.53		02:04.08		02:43.90
	00:38.67		00:42.86		00:42.55		00:39.82	
								

Coach feedback:

Event number: 22: 200M BACKSTROKE MEN 11-17							Heat:1, starttime: 10:53	
Heat: 1/8 Lane : 3 Athlete: REYNIERS WARRE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 22: 200M BACKSTROKE MEN 11-17							Heat:3, starttime: 11:01	
Heat: 3/8 Lane : 1 Athlete: BOEL ELIAS							Q-time: 03:00:19	
PB (25m pool): 03:17.88 Ronse 17/03/2024				PB (50m pool): 03:00.19SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:17.88
	no time							
								

Coach feedback:

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Event number: 22: 200M BACKSTROKE MEN 11-17							Heat:4, starttime: 11:05	
Heat: 4/8 Lane : 2 Athlete: SCHEPERS RUBEN							Q-time: 02:49:89	
PB (25m pool): 02:45.48 EEKLO 04/10/2026				PB (50m pool): 02:58.66SB: 02:45.48 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.34		01:20.51		no time		02:45.48
	00:38.34		00:42.17					
								

Coach feedback:

Event number: 24: 200M BUTTERFLY MEN 11-17							Heat:1, starttime: 11:29	
Heat: 1/2 Lane : 2 Athlete: DE COCK MATZ							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:1, starttime: 11:36	
Heat: 1/19 Lane : 4 Athlete: DE WOLF ROOS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:2, starttime: 11:41	
Heat: 2/19 Lane : 9 Athlete: TANASE DARIA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:6, starttime: 11:55	
Heat: 6/19 Lane : 2 Athlete: HEYLEN ROOS							Q-time: 02:42:85	
PB (25m pool): 02:46.31 Dendermonde, 22/11/2025				PB (50m pool): 02:42.85 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.19		01:23.23		no time		02:46.31
	00:40.19		00:43.04					
								

Coach feedback:

Event number: 26: 200M FREESTYLE MEN 11-17							Heat:1, starttime: 12:35	
Heat: 1/16 Lane : 2 Athlete: DIERICK ROBBE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 26: 200M FREESTYLE MEN 11-17							Heat:1, starttime: 12:35	
Heat: 1/16 Lane : 3 Athlete: PINTILIE FABIAN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 26: 200M FREESTYLE MEN 11-17							Heat:5, starttime: 12:49	
Heat: 5/16 Lane : 1 Athlete: BOEL ELIAS							Q-time: 02:35:98	
PB (25m pool): 02:33.52 EEKLO 04/10/2026				PB (50m pool): 02:37.63SB: 02:33.52 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.41		01:14.65		no time		02:33.52
	00:35.41		00:39.24					
								

Coach feedback:

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Event number: 26: 200M FREESTYLE MEN 11-17							Heat:13, starttime: 13:12	
Heat: 13/16 Lane : 9 Athlete: POPPE WARRE							Q-time: 02:11:89	
PB (25m pool): 02:11.89 Temse 17/11/2025				PB (50m pool): 02:12.58 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.52		01:04.23		01:38.67		02:11.89
	00:30.52		00:33.71		00:34.44		00:33.22	
								

Coach feedback:

Event number: 26: 200M FREESTYLE MEN 11-17							Heat:14, starttime: 13:15	
Heat: 14/16 Lane : 1 Athlete: VAN DEN BREMT MATHIAS							Q-time: 02:08:40	
PB (25m pool): 02:08.40 TEMSE 23/11/2025				PB (50m pool): 02:11.57 SB: 02:11.03 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.74		01:02.89		01:35.94		02:08.40
	00:29.74		00:33.15		00:33.05		00:32.46	
								

Coach feedback: